

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: ZCT

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van den Broeck Zita

Coaches: Jansen Isabelle HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 100M BREASTSTROKE WOMEN				Heat:6, starttime: 09:39	
Heat: 6/8 Lane : 6 Athlete: CAES OONE				Q-time: 01:14:93	
PB (50m pool): 01:14.93 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:11.90 SB: 01:14.93 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M			
PB	00:34.66	01:14.93			
	00:34.66	00:40.27			
					

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN					Heat:2, starttime: 09:58	
Heat: 2/8 Lane : 7 Athlete: CAES OONE					Q-time: 00:30:96	
PB (50m pool): 00:30.96 Antwerpen 22/03/2026					PB (25m pool): 00:30.45 SB: 00:30.96 Antwerpen 22/03/2026	
	5 0 M					
PB	00:30.96					
	00:30.96					
						

Coach feedback: